Return to Play

Clayton Shaw Men’s Basketball Association

Game play will only start or continue if the requirements of our Return to Play plan are being followed by all participants and spectators. Games may be stopped, suspended, or terminated for any breach of our Return to Play plan. We ask participants to follow all guidelines so that we can all enjoy this sport for as long as possible. Thank you.

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| REQUIREMENT | DESCRIPTION/APPLICATION |
| **Waivers & Declarations of Compliance** | * Prior to participating, participants will be made aware and acknowledge that although exposure to COVID-19 is unlikely, it is possible, and participants are participating voluntarily in the league with a foreknowledge of the risks.
* All Participants must sign a [Event Participation Waiver](https://netorg6627-my.sharepoint.com/personal/karna_gpsportconnect_ca/Documents/GPRSC/Sport%20Resources/Return%20To%20Play%20Documents/Clayton%20Shaw%20Basketball%20Association/Event%20Participation%20Waiver.pdf) at the time of registration and prior to participating in any games.
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| **Contact Tracing** | * Contact tracing logs for all participants must be completed for every basketball game and be available to be accessed quickly to ensure efficient contact tracing.
* Records must be maintained for a minimum of 14 days (2 weeks).
* There will be one dedicated person onsite that will record names and phone numbers of all attendees.
* Reasonable security arrangements must be in place to protect personal information collected for contact tracing purposes, including safe disposal.
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| SelfHealth Checks | * A “COVID-19 symptoms checklist” will be available to participants to ensure they are not experiencing any symptoms related to COVID-19.
* Prior to arriving for games each member of the cohort will complete a [DAILY ATTESTATION FORM.](https://cloud.rampinteractive.com/basketballalberta/files/Return%20to%20Play/Daily%20Attestation%20Waiver.pdf)
* Hard copies of the executed form must be kept with the

club/organization/cohort for a minimum of 14 days as per Government of Alberta Guidelines.* If an individual is exhibiting symptoms related to COVID-19 (of fever, cough, shortness of breath, runny nose, or sore throat), they must NOT enter the playing area and go home immediately. Participants who become symptomatic during a game, practice or training session are required to be isolated from others and must return home immediately.
* Verbal health checks for symptoms must be completed prior to every session, including coaches, officials, trainers, managers, and players as per a “COVID-19 symptoms checklist” to ensure they are not experiencing any symptoms related to COVID-19.
* If an individual is exhibiting symptoms related to COVID-19 (of fever, cough, shortness of breath, runny nose or sore throat), they must be sent home immediately.
* They are not permitted to return to basketball activity for 14 days from the day they last experienced symptoms unless a recent, negative COVID-19 test result is provided.
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| Physical Distancing | * Game play will comply with current Physical Distancing restrictions issued by Alberta Health Services.
* Individuals must maintain physical distancing of at least 2 meters from others, unless they are from the same household, cohort family, or sport cohort.
* Even while using cohorting, physical distancing must be maintained in all aspects of basketball activities except while participants are on the court. (for example, dressing rooms, benches, and in public areas).
* Protocols for ingress (entrance) and egress (exit) will be communicated and marked to ensure social distancing requirements are maintained.
* Dressing rooms will not be available. Players should come dressed to play.
* No loitering before and after games is permitted. Teams exiting the facility should do so 15 minutes after their session.
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| Masks | * It is recommended anyone entering the facility should wear a cloth mask when physical distancing cannot be followed (it may also be required by the facility). The cloth mask can be removed while participating in a game.
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| Cohorts | * Teams can play in region-only cohorts (mini-leagues) of up to 50 players and coaches.
* Cohorts include those individuals (participants, officials, coaches and trainers) who cannot maintain a 2-metre distance from others at all times.
* Individuals can only be part of one sport Cohort. If an individual wishes to move to a new Sport Cohort, s/he is to complete a 14-day non-participation period prior to joining the new Cohort.
* Organizations must keep records of the individuals assigned to each sport cohort and ensure that sufficient oversight is provided to ensure compliance with health guidelines.
* Guidance for cohorts [here](https://www.alberta.ca/assets/documents/covid-19-relaunch-guidance-cohorts.pdf).
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| Spectators | * The allowance of spectators is at the discretion of each facility and members must adhere to what the facility protocols are (once you have talked with the facility add protocols to this section)
* Spectators must be kept out of participant spaces. It is strongly recommended that spectators wear masks.
* Cheering & yelling is strongly discouraged due to high risk of spreading droplets.
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| Hygiene | * No spitting, clearing of nasal passages, handshakes, high fives, fist bumps, chest bumps, or group celebrations allowed.
* Each player needs to have a labelled water bottle, which is washed after each practice or game.
* Long hair should be tied back to discourage participants touching their faces.
* Participants will be encouraged to bring their own hand sanitizer containing >60% alcohol to games.
* Wash your hands after using restrooms with soap and water for at least 20 seconds as outlined previously. Use alcohol-based hand sanitizer if soap and water are not available.
* All participants should follow proper respiratory etiquette (sneezing/coughing into crook of elbow; no spitting, no clearing of nasal passages; cough or sneeze into tissue)
* Participants should refrain from touching eyes, nose, mouth, or face with hands.
* Participants are encouraged to sanitized shoes before and after basketball. (we will provide wipes onsite)
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| Scheduling | * Games will be scheduled to allow sufficient time between them to minimize overlap of players in the gym/fieldhouse and congestion during pick-up / drop-off.
* Participants should arrive no more than 10 minutes before activity, leave immediately after activity; no loitering
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| Equipment | * Teams are responsible for their own basketballs.
* Balls should be disinfected prior to and after games.
* Hand sanitizer will be available as players enter and leave.
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| First Aid & Rapid Response | * Activity organizers must ensure personal protective equipment is immediately available if first aid treatment is required.
* Recommendation that a family member attend to an injured player, if available. If not possible, the attending person must wear medical gloves and a mask when 2 metre distance cannot be maintained.
* A Rapid Response Plan must be in place to manage symptomatic

Participants.  |